

Breast Health Exposed

by Jan Janzen

Testimonials

"After 30 years of medical practice, I know that medicine cannot do it all. Women are their own powerful resource for health and healing. In her thoroughly researched book, Jan Janzen guides women in the first steps to tap into these little known resources.

A gem of a book that is sure to make a big impact!"

- Dr. Nelia Johnson, MD

"This book brings to light simple tools any woman can easily access to improve their overall breast health.

Informative, clear, easy to read and most of all, inspiring!"

- Dr. Alexina Mehta, ND

" Being diagnosed with breast cancer is an experience that is fraught with fear and unknowing. **To have someone shining the light, providing little-known information about how every woman can avoid breast cancer is a God-send!** From someone who's been there, "prevention" is the only answer. Read this information and be informed; the choice and the power is yours."

- Reverend Wendy Yacobski

"Jan has done a fabulous job of summarizing 21 crucial factors for breast health. Most books talk about one or two of these issues; Jan has created a great resource for women to learn about breast health. **If all women knew about these issues and began practicing them, the rates of breast cancer would decrease dramatically.**"

- Daya Fisch, Founder Breast Health Project